

Shoulder Course – Ireland

Dr Robert Donatelli PT, PhD

Pathophysiology & Mechanics of the Shoulder with Lab

The classic shoulder course

Sat/Sun 11th & 12th April 2015

www.unitedphysiocourses.com



United Physiotherapy Clinic

Limerick, Ireland

To book a place please contact us:

061 339991

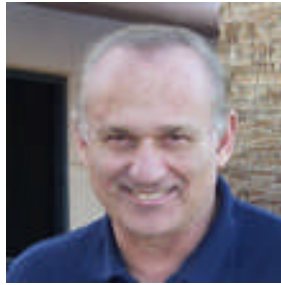
info@unitedphysio.com

www.unitedphysiocourses.com

Fee: €295

In Conjunction with Irish Amateur Boxing High Performance Boxing Physiotherapy Programme and

Dr. Johnson McEvoy DPT, MISCAP, PT

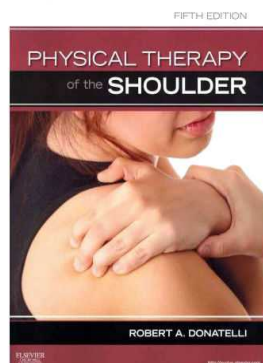


Dr Robert Donatelli PT, PhD
Physical Therapist
Internationally Recognised Expert and Author
Editor of Physical Therapy of the Shoulder (2004)
Orthopaedic Physical Therapy (2009)
Sports Specific Rehabilitation (2006)

Dr. Donatelli is the National Director of Sports Specific Rehabilitation and Performance Enhancement Programs -Physiotherapy Associates, Las Vegas, NV. From March of 2004 to August of 2004. Dr. Donatelli worked as physical therapist on the PGA tour helping treat injuries sustained by the golf professionals playing on tour. In addition he has served as a Physical Therapy Consultant to the Montreal Expos, Philadelphia Phillies and Milwaukee Brewers Baseball Teams. Donatelli lectures throughout the United States, Canada, England, Ireland, Scotland, Australia, and lectured at the Swedish Foot and Ankle Society.

Dr Donatelli was personal physical therapist to Andy Roddick.

SUMMARY: This new edition of the shoulder course was developed from new research and clinical findings. New ideas and techniques have been incorporated into the course content. The use of special tests and a review of musculoskeletal dysfunction is essential for the clinician. This course will teach the therapist those skills necessary in making a thorough evaluation of the shoulder to make a differential soft tissue diagnosis. The evaluation of the musculoskeletal system is essential for designing a rehabilitation program. State of the art techniques will be discussed along with the most current research findings.



OBJECTIVE:

At the conclusion, the participant will be able to:

- 1) Describe normal mechanics of the shoulder and their application to evaluation and treatment.
- 2) Perform an evaluation of the shoulder complex, structural, muscle testing, and special tests.
- 3) Describe the interrelationship of soft tissue structures between the shoulder and the Upper Q.
- 4) Perform special tests to the shoulder.
- 5) Perform individual mobilization techniques to the shoulder.
- 6) Design and develop a rehabilitation program for the stiff and painful shoulder.
- 7) Identify various pathologies of the shoulder.
- 8) Identify surgical procedures for repair of the shoulder traumatic injuries.
- 9) Peripheral Nerve mobilization techniques

FORMAT: The course will be a 15 hour CPD course (for ISCP continuing education) with laboratory experience and has been submitted to chapters of the American Physical Therapy Association (APTA) for continuing professional development.

AUDIENCE: Physiotherapists / Physical Therapists* / Medical Doctors
**Persons using the title physiotherapist / physical therapist must be member of the ISCP or member of a WCPT group*

COST: €295 Includes course and booklets etc
15 CPD hours (€19.66 per CPD hour)
Refreshments included / Lunches not included

AGENDA SHOULDER COURSE*:**Day One**

8.30 AM	Registration
9:00 AM	Anatomy and mechanics of the shoulder Normal movement/ Forces at the Glenohumeral Joint Scapula Rotators
11:15 AM	Break
11:30 AM	Normal Mechanics and the importance of Humeral Head Central Position on the Glenoid
1:00 PM	Lunch – on your own
2:00 PM	Lab evaluation
3:30 PM	Break
3:45 PM	Shoulder examination, Soft tissue assessment; Evidence based Manual Muscle testing, Passive and active mobility tests and scapula posture; Special tests
5:30 PM	Adjourn (time may vary)

Day Two

8:30 AM	Anatomy of Instability – Instability, Impingement, Rotator cuff tears
10:15 AM	Break
10:30 AM	Instability to Stiff and painful shoulders Keys to development of a treatment approach to shoulder dysfunction
12:00 PM	Lunch - on your own
1:00 PM	Mobilization Lab - Scapula release etc
2:30 PM	Break
2:45 PM	Glenohumeral Mobilization
5:00 PM	Adjourn

*Please note timetable and content may be subject to change

Books & DVDs

Dr Donatelli will have copies of his books and DVD's at the course for you to review or purchase..

Shoulder Course 2015

Dr Robert Donatelli PT, PhD

Application Form – Please Return

Course Location: The Pavilion University of Limerick, Ireland

Saturday & Sunday 5th & 6th April 2014 Limerick

€295

See www.unitedphysiocourses.com for further information

Name of Applicant:		ISCP No:
Address:		
Telephone Work:	Home:	Mobile:
Email:		
<p>I Have Read The Terms And Conditions On The Course Information Booklet Accompanying This Application - Please Enclose Cheque Made Payable To 'United Physiotherapy Clinic' and Send Back ASAP to:</p> <p><i>UNITED PHYSIOTHERAPY CLINIC, Unit 23a, Whitethorns, Castletroy, Limerick</i></p>		
SIGNED:		



United Physiotherapy Clinic

Dr Johnson McEvoy BSc, MSc, DPT, MISCSP, MCSP, PT
 United Physiotherapy Clinic, Unit 5c Whitethorns, Castletroy, Limerick, Ireland
www.unitedphysio.com / info@unitedphysio.com
 061 339991

Terms and conditions:

The course is both academic and practical.

We reserve the right to alter course content and format may change as appropriate.

The course will be taught and instructed by Dr Robert Donatelli PhD, PT. We reserve the right to cancel indefinitely or change the course particulars. Given the logistical preparation there is always the chance for difficulties to arise. This would only occur under exceptional circumstances. We will not be held liable for costs incurred by individuals including but not limited to travel, accommodation cost and days off work. Please note that a refund cannot be given for this course if a cancellation is made 4 weeks prior to course date (11th March 2015). After that only if a substitute found.

Certificate of attendance will be supplied and is not a statement of competency nor is it a statement of a formal qualification. Receipts for payment will be given at the course. Please note that a consent form will be required for the clinical sessions. Please note indemnity insurance is required. Current ISCP members are automatically covered for attendance at courses for insurances purposes per ISCP policy July 2006. The individual Physiotherapist will be solely responsible for application of any techniques practiced or utilized in the clinical setting. As a Chartered Physiotherapist you will be required to follow the Rules of Professional Conduct and Scope of Practice as outlined by the ISCP.

If you are suffering from any medical condition, communicable disease, pain condition or if you are pregnant, you will be required to bring this to the attention of the course organiser, confidentially and prior to the course. Should you carry only Health-board or hospital insurance you will require a letter from the Physiotherapy Director or Human resources stating you are covered under their policy. Your details are confidential. Texts and email may be used for contact. Thank You

Sponsors Contact:

Dr Johnson McEvoy BSc, MSc, DPT, MISCP, MCSP, PT

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